Synopsis for Rehabilitation by Design

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Further information

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Contributor biographies





Chairman of Gleeds Worldwide

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Research Professor in Criminology, University of Brighton

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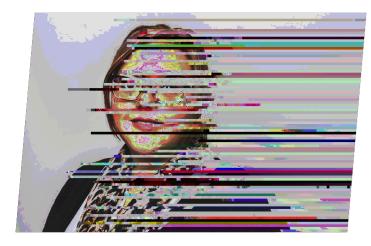
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Professor of Psychiatry, Stanford University Honorary Professor of Psychiatry, King's College London

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Contributor biographies



Seniar Lecturer in Criminology, University of Brighton

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Rehabilitation by Design: Infuencing Change in Prisoner Behaviour

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Further contributors

Introduction

The Prison and Courts Reform Bill

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Specifically, the Government has committed to:

Establishing six 'Reform Prisons'

(one of which is HMP Wandsworth, built in 1851)

Chapter 2

Problem: Mismatch between goal of instilling responsibility and an environment that obviates responsibility.

Recommendations to include: .. 1 2 9 2 . . . 2 2.2. 228 11 4 **q** 2 1 1 -... 4 A 41 2 2. £. ¶ 2. 11 4 1 2 9

Problem: Anger/frustration that occurs due to inherent unfairness in current system.

•

Recommendations to include:

Education and work: Creating and sustaining a culture of hope and aspiration

2.1 Introduction

Transforming Rehabilitation 20 3 52% 6 5%

> **52**% of male prisoners haveno qualif cations at all upon arrest

65% have numeracy skills at cr below Level 1

48% have literacy skills at or below Level 1

2.2 Rehabilitation through education in prisons

199 1 , • · · · · 119 1 2 Unlocking 1.4 Potential .. 1 11 21 -. -2 • 1. 2 12 1 . é 🕐 1. 1. , if education is the engine of social mobility, it is also the engine of prisoner rehabilitation"6.

Programme consistency:

4 . 20 -6 Unlocking Potential A review of education in prison-

Problem: Difficulty recruiting high-quality teachers.

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Recommendations to include:
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Problem: Ex-offenders often struggle to maintain momentum upon release.

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Balancing security needs with spatial aesthetics: Allowing the 'outside in'

3.1 Introduction

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3.5 Designing for desistance: encouraging third sector involvement

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20¹⁶ The Rehabilitative Prison: What Does 'Good' Look Like?

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Using technology to give the appearance of freedom: V 1 1 **1** <u>e</u> (2 . * z z z 4 4 4 £ £\$ 2 ۹ يو 1 2 1 • R I R I I R R R I

Problem: Proliferation of drugs (including new psychoactive substances) and mobile phones.

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Recommendations to include:
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The 'modernisation' programme:

Designing for the elderly: •

4.5 The prison as an accident and emergency department

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4.8 Conclusion

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recommendations

Problem: High levels of addiction/

substance use in prisons.

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Summary of key recommendations

The most cost effective alternatives to incarceration:

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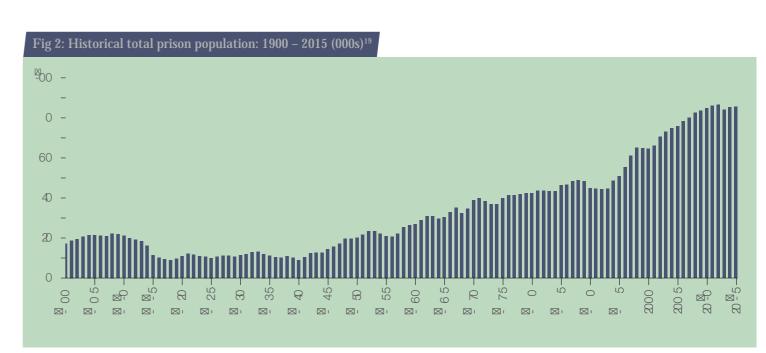


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Appendices 130 ۲۰۰۰

Why is prison reform needed?

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Chapter 1

Integrating rehabilitation and prison design: Infuencing a dange in prisoner behaviour





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1.2.2 Opportunities for agency in prison

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1.2.3 The normalisation model: Design implications

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1.3 Using design to reduce anger, frustration and violence

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1.3.1 Designing passive and active spaces

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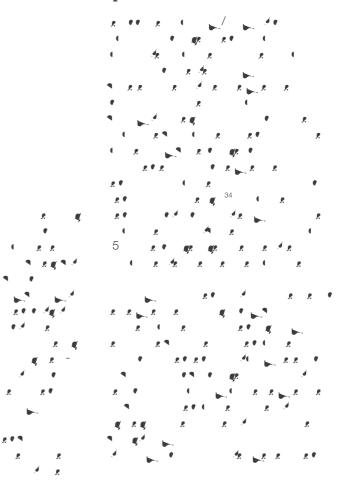
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1.3.2 Basic design principles which promote positive behaviour



1.3.3 Managing temperature

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1.3.4 Managing acoustics

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1.3.5 Managing light

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1.5 Making offenders responsible for rehabilitation

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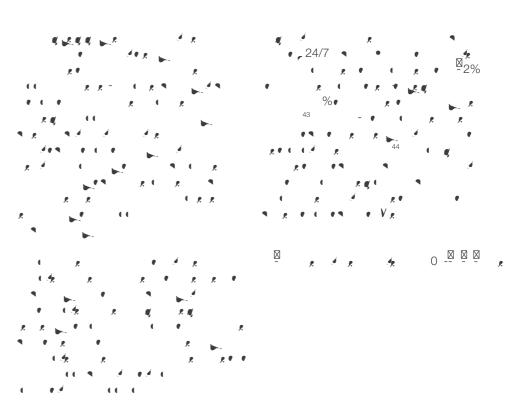
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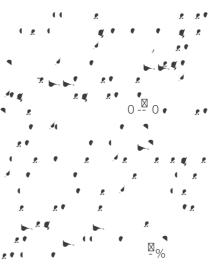
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1.6.2 Applications of Swift, Certain and Fair: USA and UK

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1.6.3 Applications of Swift, Certain and Fair: Prison context

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Implementing Swift, Certain and Fair principles in response to problematic behaviour in prisons reduces assaults on inmates and staff, as well as stress on both inmates and staff.⁴⁶

1.7 Conclusion

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Chapter 2

Education and work: Creating and sustaining a culture of hope and aspiration

2.1 Introduction

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2.2 Rehabilitation through education

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"If education is the engine of social mobility, it is also the engine of prisoner rehabilitation."52

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2.2.1 Barriers to delivering high quality education in effective learning environments

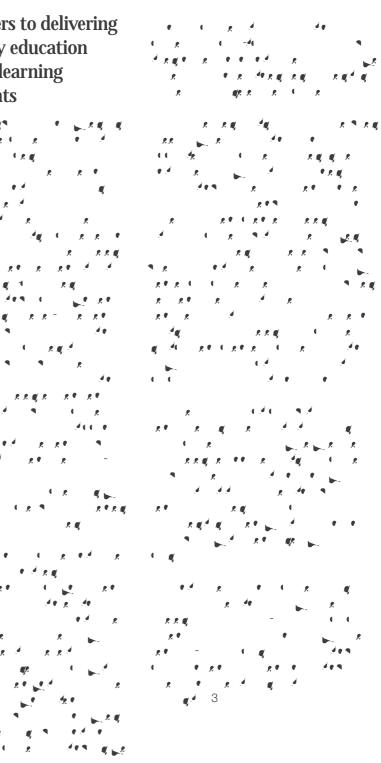
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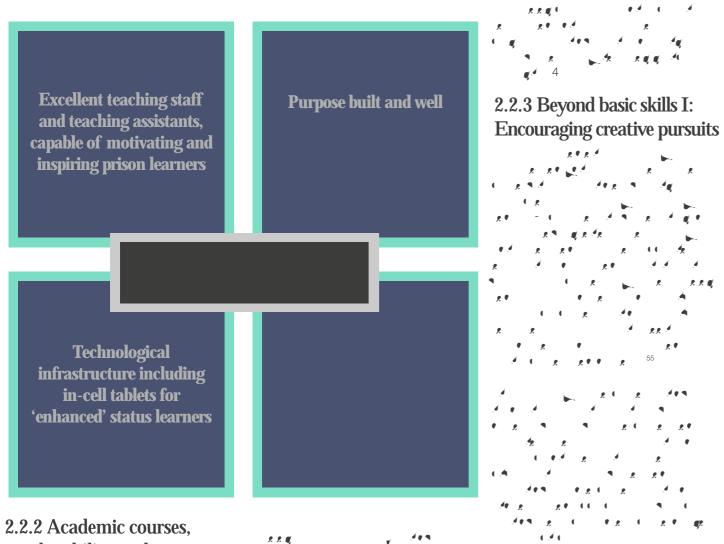
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employability and real-life skills

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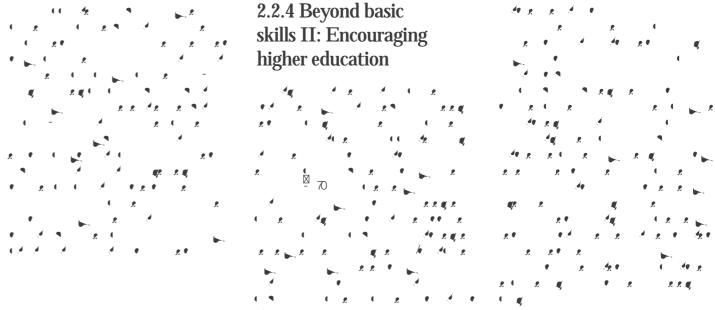
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higher education



2.3.1 Recent developments in e-learning



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2.4.2 Prison mentoring schemes and employability

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"Being in that long, I was given a role in the centre as a mentor to some of but once I got involved with the kids and the people doing the work, I really enjoyed it."62

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the younger kids inside, giving them my life story, hoping they'd take advantage when they got out I suppose [...] I didn't really like the idea of working for nothing,





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2.5 Maintaining employment

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2.5.1 Preparing prisoners' families

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Recommendations

Motivating prisoners to engage in work and education

Creating effective environments for learning

Embracing the digital prison

Equipping prisoners with transferable skills through work

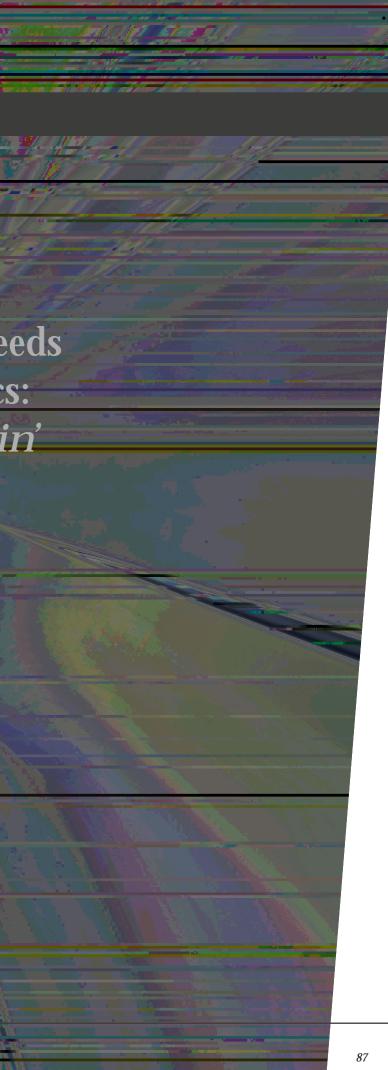
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Chapter 3

Balancing security needs with spatial aesthetics: *Allowing the 'cutside in'*





Balancing security needs with spatial aesthetics: Allowing the 'outside in'

3.1 Introduction

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3.2 Designing for desistance: Encouraging meaningful interaction with friends and family

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3.2.1 The importance of prisoners' families

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3.2.5 Balancing security measures and familyfriendly design

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3.3 Designing for desistance: Retaining staff to ensure consistency

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Prison design and staff facilities

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Reducing the number of assaults in prisons

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3.4 Designing for desistance: Encouraging meaningful interactions with staff

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3.4.1 Improving staff effectiveness

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3.5 Designing for desistance: 3.5.2 Preparing for release Encouraging third sector involvement

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3.5.1 The Community Hub

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"[It] is not a linear process that 'happens' to an individual. Rather it requires a set of behaviours, attributes and values within individuals, institutions and the broader community that support and sustain desistance from crime and enable people to live productive lives".

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3.6.3 Reducing the demand for contraband



The many functions of a prison: Supporting prisoners with complex 10 0 health needs ₽¤ **4.1 Introduction** 20-6 . (45 25% 32000 20⁻²2 113 21 . 20 4

4.2 The prison as a detox facility

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4.2.3 Learning from past challenges associated with drug use in prisons

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4.3.6 Devising a holistic, comprehensive strategy

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"Work is at an early stage to consider how a strategic approach to the use of the prison estate can best ensure that older offenders are accommodated where their needs can best be met, and where the built environment can facilitate this."¹³⁰

Seventy per cent of older prisoners reported receiving treatment or counselling for a health problem in the year before prison entry. Cooney et al reported that prison staff perceived older prisoners to have a physical health status 10 years older than people of the same biological age living in the community, acquiring age-related health problems 10 to 15 times faster than their peers in the general population.

"The high prevalence of depression among older prisoners, now confirmed across a number of studies, supports the need for routine, effective and early depression screening to be established. The systematic use of health and social care assessments and subsequent care planning, alongside screening for depression, should provide a twopronged approach to better addressing the high levels of depression among older prisoners with unmet health and social care needs."

 $2005^{B_{32}}$

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4.5.2 Adopting a 'triage centre' approach



"A range of staff including chaplains, drugs workers, resettlement officers and prisoner and peer workers. The centre was bright, welcoming, well decorated and ...prisoners were more likely to feel at ease and access the range of help that was offered"¹³⁵.

Recommendations

Reducing high levels of addiction/substance use in prisons



Reducing high levels of depression, self-harm and suicide in prisons



Balancing the books: Reducing operational and construction costs while supporting rehabilitation

5.1 Introduction

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"Scandinavian countries are often considered models of successful incarceration practices, particularly Norway which, at 20%, has one of the lowest recidivism rates in the world ... While Americans may scoff at the treatment of prisoners in other countries ... the low incarceration and recidivism rates suggest that the "normalization" approach works."¹⁴⁵

5.3.1 Cost per prisoner in England and Wales

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5.5.5 Safety and security

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5.7.2 Cost savings and

580ptimising staff ng costs

Prisons never close, • 24 • /• 7•

Staff are needed for every round the clock position,

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5.8.1 Cost savings through staff-eff cient operations

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A strategic review of the prison
estate:
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